

New York State Health Standards/HPW Correlation: Elementary

Standard 1—Personal Health and Fitness

1. Students will understand human growth and development and recognize the relationship between behaviors and healthy development. They will understand ways to promote health and prevent disease and will demonstrate and practice positive health behaviors.

Performance Indicators	HPW Citations
know how basic body systems work and interrelate in normal patterns of growth and development	Kindergarten: TE 138-151 SA 26,27 PA 19,20 Grade 1: TE 154-172 SA 28-31 PA 25,26 Grade 2: TE 80-85; 96-101; 120-138 SA 25,26,37-41 PA 16, 20 EA 5 Grade 3: TE 96-114 SA 18-22 PA 18 Grade 4: TE 72-79; 154-172 SA 14,15,40-42 PA 10 EA 23-26 TR 5, 8-10 HF Grade 5: TE 136-156 SA 28-33 PA 17-18 EA 20-21
possess basic knowledge and skills which support positive health choices and behaviors	Kindergarten: TE 4-28; 66-73; 90-97; 152-165 SA 1-6; 28-31 PA 1-4; 10; 21-22 Grade 1: TE 2-30 SA 1,2 PA 1-4 Grade 2: TE 44-50; 92-95; 102-118 SA 10,11,18, 24,27,32-36 PA 11, 13, 15,18,19 EA 1,4, Grade 3: TE 2-45; 91-92 SA 1-6; 17 PA 1-10 TR 1, 2, 6, 7 Grade 4: TE 2-40; 88-119 SA 1-8; 19-27 PA 1-6 TR 1, 2, EA 1-6; 14-18 Grade 5: TE 2-47 SA 1-10 PA 1-5 TR 1-3 EA 1-7
understand how behaviors such as food selection, exercise, and rest affect growth and development	Kindergarten: TE 54-65 SA 7-10 PA 8-9 Grade 1: TE 94-118 SA 10-13 PA 15-18 Grade 2: TE 66-90 SA 12-23 PA 10-14 EA 2,3 Grade 3: TE 72-94 SA 11-16 PA 14-16 TR 4 Grade 4: TE 122-152 SA 28-39 PA 18-20 EA 19-22 TR 4-6 Grade 5: TE 102-134 SA 23-27 PA 13-16 EA 15-19 TR 6-10
recognize influences which affect health choices and behaviors	Kindergarten: TE 100-106 SA 16-18 Grade 1: TE 46-51 SA 4 PA 6 Grade 2: TE 110-112 SA 30, 31 PA 18 Grade 3: TE 89-94 EA 8 PA 17 Grade 4: TE 26-28; 97-98; 140-143 SA 6, 35 PA 4 TR 7 Grade 5: TE 89-93; 124-125 SA 24-26 PA 11 TR 9
know about some diseases and disorders and how they are prevented and treated	Kindergarten: TE 166-169 SA 32 PA 23 Grade 1: TE 174-181 SA 32-33 PA 27 Grade 2: TE 156-170 SA 46-50 PA 23-25 EA 7 Grade 3: TE 142-157 SA 31-35 PA 24-26 EA 11 Grade 4: TE 174-202 SA 43-45 PA 22-26 EA 27-31 TR 11-20 Grade 5: TE 176-198 SA 38-41 PA 21-23 EA 23-25 TR 17-21
practice and support others in making healthy choices.	Kindergarten: TE 25-32 SA 4-6 Grade 1: TE 10-15 EA 2 PA 2 Grade 2: TE 11-13 SA 1 Grade 3: TE 28-38 SA 4-5 PA 9 Grade 4: TE 13-15; 112-115 SA 4, 26, 27 PA 2, 16 Grade 5: TE 18-22; 42-47; 52-54 SA 3, 9, 10, 11 PA 6 EA 8

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Standard 2—A Safe and Healthy Environment

1. Students will demonstrate personally and socially responsible behaviors. They will care for and respect themselves and others. They will recognize threats to the environment and offer appropriate strategies to minimize them.

Performance Indicators	HPW Citations
understand basic safety rules	Kindergarten: TE 109-136 SA 19,20 PA 14 Grade 1: TE 68-86 SA 8 PA 11-13 Grade 2: TE 140-149 SA 42-45 PA 21 Grade 3: TE 48-63 SA 7,8 PA 11,12 EA 5,6 Grade 4: TE 54-65 SA 11,12 PA 9 EA 9 EA 9 Grade 5: TE 158-163 SA 34, 35 PA 19
recognize potentially dangerous situations and know how to avoid or reduce their risk	Kindergarten: TE 112-113; 118-129 SA 21-25 PA 15-17 Grade 1: TE 88-92 SA 9 PA 14 Grade 2: TE 150-154 PA 22 EA 6 Grade 3: TE 50-53; 68-69 SA 10 PA 11, 13 EA 11, 13 Grade 4: TE 68-69 SA 13 EA 10 Grade 5: TE 56-62; 68-74 SA 12, 14 PA 7 EA 9, 10 TR 4, 5
know some personal and social skills which contribute to individual safety	Kindergarten: TE 44-47; 112, 117, 121-123; 130-136 SA 21, 22 PA 16-18 Grade 1: TE 54-67 SA 5-7 PA 10 EA 5 Grade 2: TE 14-21; 116-118; 152-153 SA 2-4, 33-35 PA 1, 2 EA 6 Grade 3: TE 32-38; 64-70 SA 5, 9, 10 PA 9, 13 EA 7 Grade 4: TE 66-70 SA 13 EA 11, 12 Grade 5: TE 164-173 SA 36, 37 PA 20 EA 22 TR 15, 16
recognize characteristics of the environment that contribute to health.	Kindergarten: TE 76-87 SA 11, 12 PA 11 Grade 2: TE 52-64 PA 8,9 Grade 3: TE 60-62; 137-140 SA 29, 30 PA 12 EA 6 Grade 4: TE 42-52 SA 9, 10 PA 7 EA 7, 8 Grade 5: TE 170-173 EA 22

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Standard 3—Resource Management

1. Students will understand the influence of culture, media, and technology in making decisions about personal and community health issues. They will know about and use valid health information, products, and services. Students will advocate for healthy families and communities.

Performance Indicators	HPW Citations
identify characteristics of valid health information and health-promoting products and services and know where to locate them	Kindergarten: TE 109-11 Grade 1: TE 106-115; 161 SA 13 PA 16, 17, 25 EA 9 Grade 2: TE 87-88; 162-164 SA 21-23; 48 PA 24 Grade 3: TE 120-124; 135 SA 24 PA 20, 22 Grade 4: TE 90-92; 101-102; 106-108 SA 19, 20, 24 PA 12 Grade 5: TE 85; 97-99 SA 17, 21, 22, 24-27 PA 15 EA 16 TR 8
understand how culture contributes to individual family and community beliefs and practices affecting health	Kindergarten: TE 84-87 PA 11 Grade 1: TE 96-101 PA 15 Grade 2: TE 30-43; 75-76 SA 5-11; 14 PA 4-6, 12 Grade 3: TE 20-27 SA 2, 3 PA 7, 8 Grade 4: TE 114-115 SA 27 PA 16 Grade 5: TE 30-41 SA 5-10 PA 4, 5 TR 2,3
know how to access help when illness, injury, or emergency situations occur	Kindergarten: TE 170-174 SA 33 PA 22 Grade 1: TE 64-66 SA 7 PA 10 EA 6 Grade 2: TE 148-149 SA 45 PA 21 Grade 3: TE 68-70; 150 PA 13, 25 Grade 4: TE 101-102; 111; 132-133 SA 31 EA 16 TR 6 Grade 5: TE 161-163 SA 35 PA 19
recognize how the media influences health choices.	Grade 1: TE 131-133 SA 30 Grade 2: TE 105-106 SA 28 Grade 3: TE 138-139 SA 29, 30 Grade 4: TE 140-143 SA 35 TR 7 Grade 5: TE 168-169 SA 37 TR 16

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