

Massachusetts Comprehensive Health Curriculum Framework/HPW Correlation

STANDARD 1: Growth and Development

Students will learn the basic characteristics of physical growth and development, including body functions and systems throughout the life cycle, and will acquire skills to promote and maintain positive growth and development.

Through the study of Body Systems students will

1.6 Identify the stages of the human life cycle (from prenatal through late adulthood)

*** HPW Key:**

Grade 6: TE: pp217-218; EA: 33; TR 29: Am I Normal?

Grade 8: TE: p211; V: Life Begins: Human Body – The Life Cycle;

1.7 Explain the function of human body systems and how body systems work together

*** HPW Key:**

Grade 6: TE: pp214-215; SA: 23; EA: 23; B: How Your Body Works CD: Fun Facts: Body Systems;

Grade 7: TE: pp76-77; 225-232 SA: 57, 58, 59; HF: Act. 2; TR 40: Structures & Functions of the Digestive System;
TR 41: The Digestive Process CD: Fun Facts: Body Systems;

Grade 8: TE: pp209-215; SA: 80; V: Life Begins: Building the Human Body

1.8 Describe the influence of health habits on growth and development

*** HPW Key:**

Grade 6: TE: pp8-12; 213; 220-221 SA: 2 EA: 1, 2; V: Hygiene Factor;

Grade 7: TE: pp233-234;

Grade 8: TE: pp5-8; 40-45; 146-149; 193-197; SA: 1, 16, 49, 50, 51, 78; EA: 7; TR 1: Wellness Continuum; 3: Stress Response;
TR4: Stress-related Illness; TR30: Are You Normal?; TR31: Media Myths; G: Trivia Game; HF: Act 5;

1.9 Apply skills that increase immediate peak functioning of body systems (vigorous exercise, eating nutritious foods, adequate rest)

*** HPW Key:**

Grade 6: TE: pp20-24; SA: 6; EA: 5; TR 1-2: Goal Setting;

Grade 7: TE: pp233-234;

Grade 8: TE: pp18-20; 53-58; 143-145; 217; SA: 6, 7, 19, 20, 47, 48, 84; EA: 2, 3; TR 6: Managing Stress: Helpful Hints;
TR44: Getting Sufficient Sleep; V: Life Begins: Human Body – Adolescent Physical and Mental Health;

Through the study of the Life Cycle students will

1.10 Define genes and the concept of heredity

*** HPW Key:**

Grade 8: TE: pp211-212; V: Life Begins: Human Body – Genetics;

Standard 2: Physical Activity and Fitness

Students will, by repeated practice, acquire and refine a variety of manipulative, locomotor, and non-locomotor movement skills, and will utilize principles of training and conditioning, will learn biomechanics and exercise physiology, and will apply the concept of wellness to their lives.

Through the study of Motor Skill Development students will

2.8 Use combinations of manipulative, locomotor, and non-locomotor skills to develop movement sequences and patterns, both individually and with others

SEE PE STANDARDS

2.9 Demonstrate developmentally appropriate basic manipulative and advanced specialized physical skills, including throwing and catching different objects with both accuracy and force, hand and foot dribbling while preventing an opponent from challenging, and accurate striking proficiency

SEE PE STANDARDS

2.10 Perform a rhythm routine that combines traveling, rolling, balancing, and weight transfer into smooth flowing sequences with intentional changes in direction, speed, and flow

SEE PE STANDARDS

Through the study of Fitness students will

2.11 Apply basic principles of training and appropriate guidelines of exercise to improve immediate and long-term physical fitness

*** HPW Key:**

Grade 6: TE: pp191-192; EA: 28;

Grade 7: TE: pp206-210; TR 36: F.I.T.' TR37: Components of Fitness; TR38: Exercise Precautions;

Grade 8: TE: pp133-137; SA: 44; EA: 19; TR 27: Benefits of Exercise; TR28: Components of Fitness;

2.12 Participate in activities that promote physical fitness, decrease sedentary lifestyle, and relieve mental and emotional tension

*** HPW Key:**

Grade 7: TE: pp221- 222; EA: 33;

Grade 8: TE: pp137-138; SA: 45, 46; TR 26: Exercise Precautions;

2.13 Explain the personal benefits of making positive health decisions and monitor progress towards personal wellness

*** HPW Key:**

Grade 6: TE: pp188-190 EA: 26; TR 26: Exercise Precautions;

Grade 7: TE: pp205-206; 210-212; SA: 55, 56; EA: 32; TR 35: Benefits of Exercise;

Grade 8: TE: pp139-140; SA: 45; HF: Act 3;

Through the study of Personal and Social Competency students will

2.14 Apply advanced movement concepts and beginning game strategies to guide and improve individual and team performance

SEE PE STANDARDS

2.15 Demonstrate strategies for inclusion of all students in physical activity settings related to strength and speed

SEE PE STANDARDS

2.16 Describe the purpose and benefits of sports, games, and dance in modern society

SEE PE STANDARDS

STANDARD 3: Nutrition

Students will gain the knowledge and skills to select a diet that supports health and reduces the risk of illness and future chronic diseases.

Through the study of Improving Nutrition students will

3.8 List the functions of key nutrients and describe how the United States Dietary Guidelines relate to health and the prevention of chronic disease throughout the life span

*** HPW Key:**

Grade 6: TE: pp177-180 SA: 49; EA: 25; TR 22-23, MyPyramid G: Nutrition trivia Game; SRCD: Dietary Guidelines; MyPyramid

Grade 7: TE: pp186-187; 189-190; SA: 48; TR 26-27: Functions of Nutrients; 30: MyPyramid SRCD: Anatomy of MyPyramid

Grade 8: TE: pp121-127; SA: 42; EA: 16; HF: Act. 1, 2; TR 22: Dietary Guidelines; 23: MyPyramid; 25: Major Nutrients;

SRCD: Finding a Way to a Healthier You;

3.9 Describe a healthy diet and adequate physical activity during the adolescent growth spurt

*** HPW Key:**

Grade 6: TE: pp185-187; TR 24: Benefits of Exercise; V: Ten Reasons to Exercise;

Grade 7: TE: pp185-186; SA: 30; V: Food, health, Exercise;

Grade 8: TE: pp128-131; SA: 43;

3.10 Describe the components of a nutrition label and how to use the information from labels to make informed decisions regarding food

*** HPW Key:**

Grade 6: TE: p209; TR 1: Nutrition Facts; Food Labels; SRCD: Food Labels;

Grade 7: TE: pp187-188; SA: 50; TR 29: Understanding Food Labels;

Grade 8: TE: pp125-126; TR 26: Food Labels; SRCD: Food Labels;

3.11 Analyze dietary intake and eating patterns

*** HPW Key:**

Grade 6: TE: pp181-183; 195-197; SA: 50, 51; EA: 26, 27; SRCD: Nutrition Value Chart;

Grade 7: TE: pp190-194; 196-198; SA: 51, 52, 53, 54; TR 33: Empty vs. Nutritional Calories; SRCD: Nutrition Value Chart;

Grade 8: TE: pp126-128; EA: 17; SRCD: Nutrition Value Chart;

Through the study of Safe and Adequate Food Supply students will

3.12 Explain factors associated with a safe food supply (food handling, production, food storage, and preparation techniques)

*** HPW Key:**

Grade 6: TE: pp199-201; TR 27: Safe Food Preparation and Food Storage;

Grade 7: TE: pp195-196; TR 32: Preventing Food-borne Illness;

Grade 8: TE: pp242-243; SA: 94; TR 46: Preventing Food-borne Illness;

Through the study of Social Influences students will

3.13 Identify the behaviors and avenues of support for young people with disordered eating behaviors or eating disorders

*** HPW Key:**

Grade 6: TE: pp197-198; EA: 29 PC: Vol. 3: Eating Disorders;

Grade 8: TE: pp149-151; SA: 52, 53; HF: Act. 6; TR 34: Eating Disorders: Warning Signs & Risk Factors;

STANDARD 4: Reproduction/Sexuality

Students will acquire the knowledge and skills necessary to make effective personal decisions that promote their emotional, sexual, and reproductive health.

Through the study of Development students will

4.5 Recognize the emotional and physical changes as related to the reproductive system during puberty

*** HPW Key:**

Grade 6: TE: pp217-219; 222-229; SA: 35, 36, 56, 57, 58; EA: 33; TR 29: AM I Normal?; TR 30: Adolescence & Puberty: Common Concerns V: Bodies in Progress

Grade 7: TE: pp225-246; 253-257; SA: 60, 61, 62, 64, 65; EA: 36, 37; TR 42: Discussing Sexuality; 43-44: Reproductive Anatomy; 45: Menstrual Cycle V: Life Begins

Grade 8: TE: pp216-219; 221-223; SA: 83, 85; TR 30: Are You Normal? V: Life Begins: Human Body: Life Cycle: Adolescent

Through the study of Wellness students will

4.6 Explain the benefits of abstinence, postponing sexual behavior, and setting limits on sexual behavior

*** HPW Key:**

Grade 7: TE: pp257; SA: 66;

Grade 8: TE: pp232-233; V: Sexual Abstinence: It's the Right Choice;

4.7 Describe short- and long-term consequences of sexuality-related risk behaviors and identify barriers and supports for making health-enhancing decisions

*** HPW Key:**

Grade 7: TE: pp257-259;

Grade 8: TE: p215; V: Life Begins: Pregnancy: Risks to the Unborn;

4.8 Describe behaviors and methods for pregnancy prevention, including abstinence

*** HPW Key:**

Grade 7: TE: pp21; SA: 23;

Grade 8: TE: pp232-233; Supplement: Birth Control;

4.9 Define the types of sexually transmitted infections (STIs), including HIV/AIDS, and how they are prevented

*** HPW Key:**

Grade 6: TE: pp246-249; SA: 64;

Grade 7: TE: pp271-275; SA: 71; EA: 40; SRCD: Frequently Asked Questions About HIV/AIDS;

Grade 8: TE: pp253-255; 257-266; SA: 98, 99, 100, 101; V: HIV/AIDS Facts: An Update V: Life Begins: Life Begins: SRCD: STDs

4.10: Identify sexual discrimination and harassment

*** HPW Key:**

Grade 8: TE: pp224-226; SA: 87, 88;

STANDARD 5: Mental Health

Students will acquire knowledge about emotions and physical health, the management of emotions, personality and character development, and social awareness; and will learn skills to promote self-acceptance, make decisions, and cope with stress, including suicide prevention.

Through the study of Feelings and Emotions students will

5.7 Identify and describe the experience of different feelings (such as elation, joy, grief, and rage) and how feelings affect daily functioning

*** HPW Key:**

Grade 6: TE: pp48-50; 79-80; B: Holes; TR 8: Signs of Depression; SRCD: Let's Talk About Depression

Grade 7: TE: pp20-22; 50-51; 111-112; SA: 7, 8; EA: 20; TR 2: Expressing Emotions CD: Violence Prevention;

Grade 8: TE: pp46-51; SA: 17, 18; EA: 8; TR 5: Symptoms of Stress;

5.8: Identify the causes and effects of depression and how to seek help.

*** HPW Key:**

Grade 6: TE: pp80-81; EA: 14;

Grade 7: TE: pp95-100; SA: 21, 22; TR 13: Warning Signs of Depression; TR14: Warning Signs of Suicide;
CD: Violence Prevention;

Grade 8: TE: pp58-59; TR 7: Warning Signs of Depression; SRCD: Let's Talk About Depression;

Through the study of Identity students will

5.9 Describe the relationships among physical appearance, changes in the body, and self-concept and esteem

*** HPW Key:**

Grade 6: TE: pp12-17; 71-77; SA: 5, 17; EA: 3, 4, 13; TR 5: Stressful Life Events; TR6: Factors Influencing Adolescent Stress;
TR7: Physical & Emotional Effects of Stress; B: Holes;

Grade 7: TE: pp8-9; 56-57; 79-81; HF: Act 3, 4; EA:1, 2, 4;

Grade 8: TE: pp10-14; SA: 2, 3, 4; TR 2: Promoting Self-esteem

Through the study of Decision Making students will

5.10 Describe the contribution of a personal support system to good mental health

*** HPW Key:**

Grade 6: TE: pp37-38;

Grade 7: TE: pp83-86; SA: 18, 19;

Grade 8: TE: pp8-12;

STANDARD 6: Family Life

Students will gain knowledge about the significance of the family on individuals and society, and will learn skills to support the family, balance work and family life, be an effective parent, and nurture the development of children.

Through the study of Decision Making students will

6.5 Describe how the functions, purposes, and responsibilities of family members change with life events

*** HPW Key:**

Grade 6: TE: pp27-34; EA: 7; SA: 8; B: Holes;

Grade 8: TE: pp23-24; 26-28; SA: 11, 12;

6.6 Explain the family life cycle and recognize that raising a child is one of the most important functions of a family

*** HPW Key:**

Grade 6: TE: pp30-31; EA: 7;

Grade 7: TE: pp34-37; SA: 1, 2, 3;

Grade 8: V: Life Begins: The Life Cycle;

Through the study of Supports students will

6.7 Describe those one can trust or turn to for help when needed, such as a support system that can include relatives, friends, neighbors, community organizations, and faith-based groups

*** HPW Key:**

Grade 6: TE: pp37-41; SA: 9; B: Holes;

Grade 7: TE: pp40-44; SA: 4, 5, 6; TR 5: Relationship Builders; V: Bad Friendships: Doing More Harm than Good;

Grade 8: TE: p213; 232; SA: 81, 91;

Through the study of Parenting students will

Describe ways in which relationships among parents and children change during adolescence, and compare peer and parental influences

*** HPW Key:**

Grade 6: TE: pp34-35; 95-96; SA: 22; B: Bud, Not Buddy;

Grade 7: TE: p33; pp82-83; SA: 17; TR 9: Common Reactions to Stress;

Grade 8: TE: pp24-26; 31-32; SA: 8, 9, 10, 13;

STANDARD 7: Interpersonal Relationships

Students will learn that relationships with others are an integral part of the human life experience and the factors that contribute to healthy interpersonal relationships, and will acquire skills to enhance and make many of these relationships more fulfilling through commitment and communication.

Through the study of Communication students will

7.5 Apply attentive listening, feedback, and assertiveness skills to enhance positive interpersonal communication

* HPW Key:

Grade 6: TE: pp43-50; 222-230; SA: 10; EA: 8, 9; TR 3a&b: Communication Builders/Blockers; 4: Communication Essentials; G: Communication Challenge

Grade 7: TE: pp46-53; SA: 7, 8, 9; TR 6: Communication Builders; TR7: Communication Blockers G: Assertiveness Training;

Grade 8: TE: pp33-37; SA: 14, 15; EA: 4;

Through the study of Peer Relationships students will

7.6 Explain how peer pressure influences choices and apply strategies for managing negative peer pressure and encouraging positive peer pressure

* HPW Key:

Grade 6: TE: pp85-87; 96-98; 117-118; 147-149; 154-155; 163-165; SA: 34, 35, 40, 45; TR 20: Strategies for Refusing Drugs;

Grade 7: TE: pp89-93; SA: 20; HF: Act. 5, 6; TR 11: Dealing with Conflict; G: Conflict Resolution Board Game;

Grade 8: TE: pp60-62; 234; EA: 9;

7.7 Recognize the positive contribution of character traits (such as tolerance, honesty, self-discipline, respectfulness, and kindness) to relationships, the benefit to relationships which include understanding and respecting individual differences, and the detrimental effect of prejudice (such as prejudice on the basis of race, gender, sexual orientation, class, or religion) on individual relationships and society as a whole

* HPW Key:

Grade 6: TE: pp15-17; 53-54 SA: 5, 11; EA: 4; B: Holes;

Grade 7: TE: p106-107; 112-114 SA: 24; 28; CD: Violence Prevention;

Grade 8: TE: pp11-12; 24-26; 73-75 SA: 2, 3, 8,9; 26, 27; EA: 11;

Through the study of Romantic Relationships students will

7.8: Describe the purpose of dating and acceptable dating attitudes (such as respect) and appropriate conduct

* HPW Key:

Grade 7: TE: p123; 254-255; SA: 32, 64;

Grade 8: TE: pp229-232; SA: 89, 90, 91; B Life Begins: Relationships;

7.9 Explain the benefits of abstinence, postponing sexual behavior, and setting limits on sexual behavior

* **HPW Key:**

Grade 7: TE: p257;

SA: 66;

Grade 8: TE: pp232-234;

V: Abstinence: It's the Right Choice; **TR 45:** Reasons to Remain Sexually Abstinent;

STANDARD 8: Disease Prevention and Control

Students will learn the signs, causes, and treatment of chronic and communicable diseases, and will gain skills related to health promotion, disease prevention, and health maintenance.

Through the study of Prevention students will

8.5 Identify ways individuals can reduce risk factors related to communicable and chronic diseases

* **HPW Key:**

Grade 6: TE: pp233-237; 239-251; **SA:** 59, 60, 61, 62, 63, 64, 65; **TR 34:** Types of Microorganisms; **TR35:** Modes of Transmission; **TR37-38:** HIV/AIDS **SRCD:** An Ounce of Prevention

Grade 7: TE: pp264-267; **SA:** 67, 68, 69; **TR 47:** Causes of Death **SRCD:** Common Illnesses and Symptoms;

Grade 8: TE: pp239-245; **SA:** =92, 93; **EA:** 28, 29, 30; **SRCD:** An Ounce of Prevention;

8.6 Describe the importance of early detection in preventing the progression of disease

* **HPW Key:**

Grade 8: TE: pp246-253; **SA:** 95, 96, 97; **EA:** 31; **TR47:** Leading Causes of Death; 48: Risk Factors for Cancer;

Through the study of Signs, Causes, and Treatment students will

8.7 Explain the need to follow prescribed health care procedures given by parents and health care providers

* **HPW Key:**

Grade 6: TE: pp142-143; **SA:** 34, 35;

Grade 7: TE: pp268-269; **SA:**70; **EA:** 39;

Grade 8: TE: pp244-245; **EA:** 30; **SRCD:** Immunization Schedule;

8.8 Describe how to demonstrate safe care and concern toward ill and disabled persons in the family, school, and community

* **HPW Key:**

Grade 6: TE: pp82-83; **SA:** 18, 19;

Grade 8: TE: p217;

Through the study of Health Maintenance students will

8.9 Discuss how cleanliness and good grooming show consideration for self and others, and ways to promote cleanliness

*** HPW Key:**

Grade 6: TE: pp220-222; V: Hygiene for Boys and Girls;

Grade 8: TE: pp217-219; SA: 84; V: Life Begins: Physical and Mental Health: Hygiene;

8.10 Describe the relationship between overexposure to the sun and skin cancer

*** HPW Key:**

Grade 7: TE: pp21; SA: 23; EA: 23;

Grade 8: TE: pp251-252; TR 48: Risk Factors for Cancer;

8.11 List the factors contributing to tooth decay, diseases of the mouth, and preventive measures

*** HPW Key:**

Grade 6: TE: pp220; V: Hygiene Factor;

8.12 Describe the influence that rest has on physical functioning (recovering from fatigue, restoring energy), personal requirements for sleep, and methods for getting adequate sleep

*** HPW Key:**

Grade 6: TE: pp187-188; TR: Getting Sufficient Sleep;

STANDARD 9: Safety and Injury Prevention

Students will gain the knowledge and skills to administer first aid and carry out emergency procedures, including cardiopulmonary resuscitation, will avoid, recognize, and report verbal, physical, and emotional abuse situations, and will assess the factors that contribute to intentional and unintentional injury, including motor vehicle accidents, fire safety, and weapons safety.

Through the study of Self Protection students will

9.8 Describe actions and behaviors to protect oneself when alone at home or in the community or caring for small children (such as first aid and rescue breathing)

*** HPW Key:**

Grade 6: TE: pp101-103; 105-107; SA: 23, 25; EA: 18;

Grade 7: TE: pp126-127;

Grade 8: TE: pp89-92; 95-97; SA: 30, 31; G: Decision Making Game: Safety Cards;

9.9 List safety rules for recreational activities, including the use of helmets, pads, and the proper use of equipment

* **HPW Key:**

Grade 6: TE: pp103-104; SA: 24;

Grade 7: TE: p125;

Grade 8: TE: pp92-96; SA: 32, 33; TR 16: Water Safety Rules;

9.10 Recognize sexual abuse and child abuse and how to get help

* **HPW Key:**

Grade 6: TE: pp113-118; SA: 26, 27; TR 12: Abuse;

Grade 7: TE: pp121-123; SA: 32; TR18: Abduction Prevention Tips; SRCD: Teen Dating Violence

Through the study of Emergency Intervention students will

9.11 Distinguish among symptoms of bleeding, choking, shock, poisoning, burns, broken bones, and cardiac arrest

* **HPW Key:**

Grade 8: TE: pp105-108; SA: 37, 38; EA: 14; TR 17: Shock; TR20: Burns;

9.12 Apply appropriate first aid for bleeding, choking, and burns

* **HPW Key:**

Grade 6: TE: pp121-133 SA: 28, 29, 30, 31, 32; EA: 19, 20; TR 13-14: Basic First Aid; TR15: Electrical Emergencies;

Grade 8: TE: pp109-116; SA: 39, 40, 41; TR 18: Managing Shock; TR19: Bleeding Injuries; TR20: Burns;

STANDARD 10: Tobacco, Alcohol, & Substance Use/Abuse Prevention

Students will acquire the knowledge and skills to be competent in making health-enhancing decisions regarding the use of medications and avoidance of substances, and in communicating about substance use/abuse prevention for healthier homes, schools, and communities.

Through the study of Effects on the Body students will

10.5 Describe addictions to alcohol, tobacco, and other drugs, and methods for intervention, treatment, and cessation

* **HPW Key:**

Grade 6: TE: pp138-140; 146-147; 151-154; SA: 39; P: Drug Classifications; CD: Smoking and Chewing;

Grade 7: TE: pp150-151; SA: 35, 39, 40, 41; PC: Vol. 2: Marijuana;

Grade 8: TE: pp185-189; 191-193; SA: 71, 72, 73, 74, 75, 76, 77; V: The Truth about Drinking; Dangers of Performance-Enhancing Drugs; TR 38: Social Impact of Alcohol Abuse; TR39: Warning Signs of Alcohol Dependence
SRCD: Tips for Teens: The Truth about Tobacco; FAQs about Alcohol Abuse and Dependence;

10.6 List the potential outcomes of prevalent early and late adolescent risk behaviors related to tobacco, alcohol, and other drugs, including the general pattern and continuum of risk behaviors involving substances that young people might follow

* **HPW Key:**

Grade 6: TE: pp159-162; SA: 36, 42, 43; HF: Acts 5, 6, 7;

Grade 7: TE: pp142-145; 149-150; 158-164; 168-169; SA: 35, 43, 44; SRCD: Tips for Teens: The Truth about Tobacco; How We Know ETS Causes Lung Cancer;

Grade 8: TE: p174; pp177-180; SA: 67, 68, 69; SRCD: Tips for Teens: The Truth about Tobacco; Smoking and Pregnancy;

Through the study of Healthy Decisions students will

10.7 Identify internal factors (such as character) and external factors (such as family, peers, community, faith-based affiliation, and media) that influence the decision of young people to use or not to use drugs

* **HPW Key:**

Grade 6: TE: pp16-17; 145-147; 167-174; SA: 5, 36, 46, 47, 48; EA: 4, 22, 23; TR 18: Influences on Tobacco Use; P: Decision Making Process; Respect; V: WIN; SRCD: Tips for Teens: The Truth about Tobacco;

Grade 7: TE: pp131-135; 152-153; 157-159; 163; 171-175; SA: 34, 42, 46, 47; EA: 24, 27; TR 19: Influences on Drug Use; TR20: Risk Factors for Drug Use; TR23: Trends in Alcohol Use; V: What can I do When I Feel Bad;

Grade 8: TE: pp163-173; SA: 64, 65, 66; EA: 21, 22;

10.8 Demonstrate ways of refusing and of sharing preventive health information about tobacco, alcohol, and other drugs with peers

* **HPW Key:**

Grade 6: TE: pp138-139; 149; 154-156; 163-165; SA: 6, 40, 41, 45; TR 20: Strategies for Refusing Drugs;

Grade 7: TE: pp153-155; 160-161; EA: 25; TR 24: Skills for Refusing Drugs;

Grade 8: TE: pp174-175; 181-183; 198-205; SA: 70, 79; EA: 23; CD: Fun Facts: Drug Prevention TR 40: Effective Strategies for Refusing Drugs;

STANDARD 11: Violence Prevention

Students will learn how their actions affect others, will understand the power that positive character traits can have in violence prevention, will gain skills to report incidents of violence and hurtful behavior to adults in the school and community, will avoid engaging in violence, and will identify constructive alternatives to violence, including how to discourage others from engaging in violence.

Through the study of Awareness students will

11.5 Identify reasons why some people choose to join gangs and understand how gangs undermine community and lead to violence

* **HPW Key:**

Grade 7: TE: pp105-107; SA: 25; CD: Violence Prevention;

Grade 8: TE: pp66-71; 79; SA: 21, 22, 23, 24, 25; PC: Violence Prevention; TR 8: Violence Among Youth;

11.6 Identify the social and emotional consequences of harassment (for example, gender, racial, handicap, sexual in nature, etc.)

* **HPW Key:**

Grade 7: TE: pp106-109; SA: 24, 26, 27; CD: Violence Prevention;

Through the study of Contributing Factors students will

11.7 Define intolerance and explain how it can contribute to violence

* **HPW Key:**

Grade 7: TE: p107; pp112-114; SA: 25, 28; CD: Violence Prevention;

Grade 8: TE: pp73-74; SA:26; EA: 11;

Through the study of Alternatives students will

11.8 Describe the power of the individual in reducing violence and identify situations where individuals can become active about violence prevention

* **HPW Key:**

Grade 6: TE: pp82-83; 108-111; SA: 18, 19 V: No Name Calling

Grade 8: TE: pp74-75; 79; 83-87; SA: 27; EA: 12; TR 10: Strategies for Preventing Violence; TR 14: Managing Anger; TR15: Preventing Handgun Violence;

11.9 Demonstrate effective communication, negotiation, and conflict resolution for resolving potentially violent conflicts

* **HPW Key:**

Grade 6: TE: pp92-98; SA: 21, 22; TR 9: Common Causes of Conflict; TR10: Conflict Resolution Checklist; C: Conflict Resolution Cards; V: Solving Conflicts with Teachers, Parents, Peers

Grade 7: TE: pp117-120; SA: 29, 30, 31;

Grade 8: TE: pp75-76; 80-82; SA: 28; V: Conflicts, Communication, Relationships; TR 9: Resolving Conflicts; TR11: Giving Constructive Criticism; TR 13: Good Listening Skills;

11.10 Explain the signs of abuse in relationships, including emotional abuse and physical assault, and identify the available resources in schools and the local community, such as counselors, law enforcement, and faith-based groups

* **HPW Key:**

Grade 6: TE: pp108-110; V: No Name Calling;

Grade 8: TE: p84; pp101-103; SA: 29; SRCD: Teen Dating Violence;

STANDARD 12: Consumer Health and Resource Management

Students will acquire the knowledge and skills necessary to obtain, manage, and evaluate resources to maintain physical and mental health and well being for themselves, their family, and the community.

Through the study of Health Care students will

12.6 Describe how allowing time for healthy activities (such as exercise, preparing nutritious meals, getting adequate sleep) can improve health

*** HPW Key:**

Grade 6: TE: pp11-12; 23-24; 187-188; SA: 2; TR25, Getting Sufficient Sleep; V: Ten Reasons to Exercise;

Grade 7: TE: pp24-29; EA: 10, 11, 12; TR 3: Goal Setting Inspirations; P: Nutrition Vision Chart;

Grade 8: TE: p160; SA: 60;

12.7 Evaluate both the physical effectiveness and cost effectiveness of health care products

*** HPW Key:**

Grade 6: TE: pp207-208;

Grade 7: TE: pp145-147; 247; SA: 37, 36; TR 22: Consumer Skills;

Grade 8: TE: pp158-159; SA: 58, 59; TR 35: Consumer Purchasing Skills; SRCD: Tips for Healthy Thrifty Meals;

12.8 Identify ways consumer decisions and actions can influence physical and mental health

*** HPW Key:**

Grade 7: TE: pp199-202; EA: 31; TR 34: Marketing Strategies;

Grade 8: TE: pp153-157; 181; SA: 54, 55, 56, 57, 70;

Through the study of Resource Management Practices students will

12.9 Describe the decision-making process when planning a budget to save money for a special purpose

*** HPW Key:**

Grade 6: TE: pp206-208; SA: 53; EA: 30; SRCD: Tips for Healthy, Thrifty Meals;

12.10 Identify ways that family and friends can positively or negatively influence consumer choices

*** HPW Key:**

Grade 6: TE: pp197-199; SA: 52; EA: 29; PC: Vol. 3: Eating Disorders;

Grade 7: TE: p201; pp215-218; EA: 31; TR 39: Media Myths; PC: Vol. 1: Nutrition & Fitness;

STANDARD 13: Ecological Health

Students will gain knowledge of the interdependence between the environment and physical health, and will acquire skills to care for the environment.

Through the study of Improvement students will

13.3 Describe methods and benchmarks for evaluating the state of the environment

*** HPW Key:**

Grade 6: TE: pp62-67; SA: 13, 14, 15;

Grade 7: TE: pp66-71; SA: 13, 14, 15;

Through the study of Improvement students will

13.4 Identify individual and community responsibility in ecological health

*** HPW Key:**

Grade 6: TE: pp55-61;

Grade 7: TE: pp62-64; SA: 10, 11, 12; EA: 17;

Grade 8: TE: pp99-101; SA: 34, 35, 36;