

INTERVIEW

Drug Prevention

Directions: Complete this activity sheet by interviewing a parent/guardian about their thoughts and feelings about the drug problem in the United States.

1. Do you think drug use is a serious problem among young people? Why?

2. Were drugs a serious problem when you were my age?

3. How is the drug problem different today?

4. What specific drugs come to mind when we talk about drugs?

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5. What are your feelings about tobacco?

6. What are your feelings about alcohol?

7. What advice would you give young people about drugs?

8. What are 3 questions you have about drugs that you would like to have answered? (Inform parent/guardian you will be finding the answers to the questions during the drug component).



Project Guidelines

DIRECTIONS: Read and follow the guidelines for community projects below. You will need to complete all three phases of the project. You may work in pairs or alone on your project.

Phase 1: Selecting a Community Project

Phase 1 Due Date:

Select an organization, agency, resource center, or group which has an impact on the health of your community or environment.

Contact the community organization and explain that you are involved in a school health project to learn more about efforts aimed at improving community or environmental health. You will be visiting or volunteering at this agency for a mutually agreed upon time period (2-3 visits; 1-4 hours of volunteering).

All projects must be approved by the teacher and receive approval from your parents. If your parent does not grant permission your teacher will recommend a community service or resource within the school.

Phase 2: A Written Report of your Community Project

Phase 2 Due Date:

After participating in the community project or providing community service, you will write a report on your experience. This report should be approximately 3-5 pages long and should include:

- a) Description of the project.
- b) Reasons for selecting this project.
- c) How and when the service was carried out.
- d) Who directly benefited from the service.
- e) How you benefited from the service.
- f) How the community benefited from the service.
- g) What you learned from the experience.
- h) Future involvement with this community organization.

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Phase 3: Oral Presentation of your Community Project

Phase 3 Due Date:

The final phase of the community project is an oral presentation to the class. Oral presentations will be approximately five minutes long, and should highlight the above points.